

MESSAGE FROM THE ATHLETIC DIRECTOR

I have been involved with athletics within Christian education for most of the last thirty years. I am grateful for the opportunity to work alongside the students, coaches, staff, and families as we continue to move forward in God's calling for our school. These are exciting times at Stone Ridge Christian School.

My philosophy of athletics in the Christian school environment is based on many years of personal experience. The purpose of athletics within Christian education places equal emphasis on the three important areas of the mind, body, and spirit. My years of Christian school ministry leadership have always allowed me to incorporate and participate in the aspects of academic education, athletic participation, and the maturing of the Christian faith. To fulfill each student's calling in their Christian walk it is essential that these three areas of education are honored and nurtured.

Each student should be academically educated, challenged, and guided in their learning. Scripture reminds the educator that we are to, "train up a child in the way he should go. (Prov 22:6)."

The physical health of each student should be part of the complete education. Whether it is in athletic participation or general health understanding of our bodies we are to be mindful of the importance of good physical health. "Your body is the temple of the Holy Spirit (1Cor 6:19-20)."

The Spiritual responsibility for God's people in the maturing of His covenant children is given to the church, school, and family. Psalms 111:10 tells us, "the fear of the Lord is the beginning of all wisdom." The Christian school is a vital part of this process.

The Stone Ridge Christian athletic program is just one part of the overall opportunity for our students to have a balanced and fulfilling high school experience. Athletics is a wonderful chance for students to continue developing in physical, mental, and spiritual maturity while nurturing confidence through dedication in honoring God through hard work and excellence. Our student athletes are expected to fulfill the high standards of academic achievement, athletic competition, and Christian behavior. Through the dedication of teamwork and discipline our school has been able to consistently foster traits that are consistent with Christian principles. As a member of a Stone Ridge Christian athletic team, students achieve a position of accomplishment, honor, and responsibility. Participating in athletics is a privilege that depends on Christian responsibility and sportsmanship by the student athlete, parents, and coaches.

Joe Darretta
Stone Ridge Christian
Athletic Director

STONE RIDGE CHRISTIAN ATHLETIC PROGRAM

Stone Ridge Christian School has a growing and respected athletic program with a reputation for producing competitive teams, that display good sportsmanship. The school expects its student athletes to be good representatives of God and the School both on and off the field.

God's Word teaches us that physical training has great value for this life.

1 Corinthians 9:27 says in part, "*but I discipline my body and make it my slave.*" We believe athletics serve the Christian student athlete well and equips the student with the tools, in part, for fulfilling God's purpose in this life. Scripture uses athletic examples and metaphors, including runners, boxers, gladiators, chariot racers and trophies.

The student athlete should develop a thirst to be the very best with their God-given talents.

Ecclesiastes 9:10 reminds us, "*Whatever your hand finds to do, do it with all your might.*" These talents can develop through a daily commitment to excellence. Athletics reveal character, work ethic, determination and discipline. Furthermore, athletics measure spiritual and physical strength relating to: accepting setbacks in competition, rebounding from team and personal failure, receiving correction and instruction, and maintaining humility in success. These characteristics are the foundation to a dynamic athletic program. The desire to win and excel is important, but to sacrifice Christ-like qualities to achieve a victory is folly. Therefore, success cannot be measured solely by looking at the scoreboard. The success of Stone Ridge Christian athletics is founded in Christian principals and is largely dependent upon the daily commitment by its coaches, parents and athletes to grow both spiritually and physically.

The student athlete has the responsibility of maintaining Christ-like qualities.

The community at large looks upon athletes as leaders. These qualities are difficult to maintain unless Christ is the motivation. The student athlete may feel pressure to perform for friends or for personal goals, but this is not the motivation that should enhance a Christ-centered athletic program. Colossians 3:23 tells us we are, "*to do all as unto the Lord rather than men.*" Athletics provide an opportunity to practice the principles of God's Word, such as subjecting oneself to authority, working together as members of the body of Christ, and controlling the emotions that arise in competition. Athletic competition offers an arena for the demonstration of our faith in Jesus Christ and opens many doors for active ministry.

A dynamic athletic program promotes unity and fosters a sense of school spirit among the student body and in the school community.

Our goal is to have an athletic program of which students are proud to be a part of and the school community is proud to have representing them and Christ. 2 Timothy 4:7 says "*I have fought the good fight, I have finished the course, I have kept the faith.*"

MISSION

The athletic program at Stone Ridge Christian School is designed to challenge students to become their best while providing opportunities for social interaction, an outlet for wholesome competition, and a rewarding Christian educational experience. The School's athletic program reflects the mission, beliefs, and values that guide the other components of the institution.

ATHLETIC COMMITMENT

Stone Ridge Christian encourages students to participate in many school sponsored activities and we never discourage student-athletes from participating on multiple school teams. The success of Stone Ridge Christian School athletics depends upon many of its athletes to participate in more than one sport to sustain its broad athletic program.

We also understand that activities and athletics take a great deal of time and effort. To have a successful academic and athletic experience a student athlete should examine their schedule prior to making a commitment to any team. This includes family vacations and other club participation. The student athlete who chooses to participate on a team understands that their teammates and coaches expect them to remain committed to attending practices and games throughout the entire season, including possible playoffs.

A SRC Athlete is responsible for completing all class work and assignments that are missed due to early dismissal for games.

ACADEMICS

Academic achievement is a priority at Stone Ridge Christian. See student handbook for rules and procedures regarding in-season academic requirements.

A student is eligible if they have maintained during the previous grading period a minimum of a 2.0 GPA in all enrolled courses and no more one F grade. If ineligible, a student cannot participate in any athletic game. They are also ineligible to participate in a team practice unless a reason to allow practicing is submitted in writing and approved by the Athletic Director.

ACADEMIC ELIGIBILITY

According to the California Interscholastic Federation (CIF) bylaw 205, a student is scholastically eligible to participate in athletics if:

1. The student is currently enrolled in at least 20 semester periods of work.

2. The student was passing in the equivalent of at least 20 semester periods of work at the completion of the most recent grading period.
3. The student is maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the governing board.
4. The student has maintained during the previous grading period a minimum 2.0 grade point average, on a 4.0 scale, with no more than one failing grade, in enrolled courses.
5. If a student becomes academically ineligible, the student is not allowed to compete in any athletic contest or participate in team practices until eligibility is achieved at the next grading period, Academic eligibility is determined on the date report cards are issued, and remains until the next report card is issued. Students on academic probation may not participate in athletics without special consideration by the administration. Students becoming ineligible to play in athletics may appeal the decision with the school's administration. The student may submit a written request outlining the reasons for the drop in their grades and their plan regarding bringing those grades up. An appeal may be granted only one time during a student's 9th-12th academic years.

ATHLETIC LETTER

The Athletic SR Letter is attained through successful athletic participation on a varsity sport. The student athlete must fulfill all requirements of the varsity sport as determined by the coach and proper behavior as prescribed within the Athletic Handbook.

ATTENDANCE

Attendance at school is compulsory. Student athletes must attend a minimum of three full periods (this includes students with late arrival and early release), in order to participate in a game or practice unless the absence is a school excused absence.

CODE OF CONDUCT

All athletes and parents must read, accept, sign and submit the Stone Ridge Christian Code of Conduct attached to the last page of the Athletic Handbook.

CUTS

Cuts may be necessary for some Stone Ridge Christian teams. The coach, with the approval of the Athletic Director, is required to be comfortable with the number of athletes on the team and with the ability to provide adequate coaching and proper supervision to team members.

CHANGING SPORTS IN MID SEASON

No student-athlete can change teams during mid-season without the consent of the coach and Athletic Director. Quitting a team can result in the student forfeiting the opportunity to participate in athletics for one calendar year. A participant contemplating quitting a team must have a meeting with the Athletic Director and the coach. An athlete, with administrative approval, may quit an activity without penalty if:

1. Parents state that their academic record or health requires it or

2. The athlete quits the activity before the first league game.

Athletes are not allowed to participate in the next sport of season until the current sport of season is completed (including all playoffs) unless approved of the Athletic Director.

EQUIPMENT, INVENTORY & STORAGE

Equipment and uniforms are assigned to students by the coach. All uniforms are to be returned promptly at the end of the season. Uniforms should be clean when returned. Students will be financially responsible for any uniform or equipment that is lost or not returned.

FACILITIES

The SRC athletic facilities, fields, gym, school buildings are to be used with proper stewardship. Athletes are to assist in maintaining and keeping the athletic facilities clean and in proper order.

LOCKER ROOM

Teams will be assigned a team room or area and the players will be responsible for that area during the season. Personal locks shall be placed on lockers.

MUSIC

The music played during home games has the oversight of the head coach and must be approved by the Athletic Department. Any music deemed inappropriate or detrimental to Christian values will result in discontinuation.

NATIONAL ANTHEM

All students are expected to respectfully stand to honor America during the playing of the National Anthem at any athletic contest.

PARTICIPATION FEE

All student athletes will pay the Athletic Participation Fee of \$175 per sport each year.

PHYSICALS

Athletes are required to pass a yearly physical examination prior to participation in school athletics. The record of the physical examination must be on file with the Athletic Director before a student can compete in a practice or game.

PRACTICES

Daily practices are usually 2 hours long. Coaches are aware of Wednesday nights as a local church youth night and will end practice in a timely manner. Sunday is the Lord's Day and is therefore respected and honored. There are to be no practices, games, or open gym activities on Sunday at Stone Ridge Christian facilities or promoted by SRC

at other organizations or their facilities. The athletic season in session has precedence over other sports regarding facilities and practices.

PRAYER/DEVOTIONS

Daily team prayer/devotions are an integral part of all Stone Ridge Christian Athletic teams.

SOCIAL NETWORKING

Athletes should utilize special care in what is posted on social websites while wearing any clothing that identifies them as athletes or students at Stone Ridge Christian School. Inappropriate actions and pictures posted online may result in disciplinary actions.

SPORTSMANSHIP

Good sportsmanship must prevail. If a player is ejected from any game for a **sportsmanship violation*, he or she will not be allowed to participate in the next scheduled game and is required to meet with the Athletic Director and/or administration. *(This is sportsmanship violations only, not rule violations).

SRC Athletes will:

1. Compete within the rules of the game.
2. Win with humility and lose without excuses.
3. Respect officials and accept their decisions.

SRC Coaches will:

1. Inspire their players to be their best and the desire to win.
2. Serve as positive role models for their players.
3. Hold their players accountable for their behavior.

Stone Ridge Christian School will:

1. Treat officials, opposing teams and their spectators as guests.

SUBSTANCE ABUSE

All students at Stone Ridge Christian Schools, at all times, are expected to refrain from the use of all tobacco products, drugs, alcohol, and steroids.

TRANSPORTATION

Stone Ridge Christian School provides transportation to all extracurricular events. Parent owned vehicles may also be used. After a game, the school or parent drivers will provide transportation back to school. The parent is to notify the coach if they are taking their student home. Students are not allowed to ride home from games with anyone other than their own parents unless the team coach has written permission from the parents specifying other arrangements. Other students may ride with another

student's parent if they have a signed note giving permission and releasing the school of any liability.

All parents who provide transportation for other student athletes are to have a completed ***Parent Transportation Agreement*** and a copy of their license and insurance on file with the school.

VIOLATIONS

Adherence to the Athletic Handbook is expected at all times. Athletes who violate the policies sets forth in both the Stone Ridge Christian Student Handbook or Stone Ridge Christian Athletic Handbook will be subject to discipline by the coach, Athletic Director or administration.

PARENT/STUDENT ATHLETE CODE OF CONDUCT

GUIDELINES FOR ATHLETES

Stone Christian High School athletes are expected to:

Exhibit Christian values and conduct at all times. Respect towards teammates, opponents, and officials must always be evident.

Maintain top physical condition by eating properly, getting sufficient rest, and observing other good health and fitness habits.

Attend all practices and games. Any exception to attendance at practice and contests must be resolved by the athlete and the coach prior to the absence.

Be good stewards of school facilities and equipment. Properly take care of all school property.

Be committed to team goals. Performance is directed toward achieving team goals and team unity. The quality of the athletic experience and success depends on loyalty and a good working relationship between team members and coaches. If a problem between coach and athlete arises, both have the responsibility to work out a solution through good communication.

GUIDELINES FOR PARENTS

Parents are an important part of the athletic program at Stone Ridge Christian School. The support and encouragement given to coaches and athletes are highly valued.

Parents are expected to:

Display Christian sportsmanship and respect at all times.

Encourage loyalty and dedication towards the team and coach.

Pray for athletes, coaches, and teams.

Discuss concerns with the coach.

Reminder: Never address a coach at a practice or at a game to discuss an issue or concern. Please contact the coach the following day and make an appointment. As a “cooling off period,” parents are required to wait 24 hours before talking to a coach about a concern. If there is an immediate concern contact the Athletic Director. Follow proper biblical procedures if a problem concerning the team arises. Good communication with the coach should always be the first step toward resolving a problem. In addition, if discussion is necessary, the Athletic Director is available to help resolve the situation. Steps beyond this may include involvement by the school administration.

Matthew 18:15-16 says, *“If your brother or sister sins against you go and point out their fault, just between the two of you. If they listen to you, you have won them over. But if they will not listen, take one or two others along, so that ‘every matter may be established by the testimony of two or three witnesses.’”*



CODE OF CONDUCT AGREEMENT

We have read and understood the Athletic Handbook and agree with the Code of Conduct. We accept the responsibilities relating to participation in the athletic program at Stone Ridge Christian School as outlined above.

Athlete Name: _____

Athlete Signature _____ **date** _____

Parent Signature _____ **date** _____

The Stone Ridge Christian Athletic Code of Conduct is in effect for the entire school year. This agreement implies any behaviors outlined in the Stone Ridge Christian Student Handbook and the Stone Ridge Christian Athletic Handbook which are detrimental to spiritual and physical growth.

Stone Ridge Christian 2018-19

“Be One”